



Support for Young People
Affected by Crime

Oxford Health



NHS Foundation Trust



Supporting young people and families affected by sexual harm

Information leaflet

Horizon

Information for young people and their families

Who are we and what do we do?

We are a team who specialise in young people's mental health offering help and support to young people who have had experiences in relation to sexual abuse. These experiences could be causing you some distress or affecting your life in another way but our aim is to always help you deal with your distress and help you take steps forward.

How can you get help from our service?

If you would like to get help from our service, you can ask the following people to contact us:

- Teachers
- GPs
- Social Worker

Any other professional who is supporting you can refer to us.

What's the first step forward?

Where possible an appointment will be offered to you for an assessment in a place that suits you.

The assessment will be done with a qualified member of staff to see what kind of help you need.

The assessment will take about 1 hour and you will also be able to ask any questions or voice any concerns you may have.

After the assessment, a couple of things might happen:

- If it is thought that it would be helpful to you and you agree, then you could be offered treatment by one of the team. This would mean seeing the same team member regularly for an agreed number of appointments.
- If you don't specifically require our service, we will still endeavour to help point you in the right direction and our staff will talk to you about other options available.

Contact details

Address

Horizon: Supporting young people and families affected by sexual harm

Boundary Brook House

Churchill Drive

Oxford

OX3 7LQ

Telephone number – 01865 902634

We are open 9am—5pm Monday to Friday (except bank holidays)

Horizon is proud to work in partnership with Safe! They are commissioned by the Thames Valley Police and Crime Commissioner.

Please contact us if you would like the information in another language or different format.

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسويق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে

পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informację w innym języku lub w innej formie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutro idioma ou num formato diferente.

Oxford Health NHS Foundation Trust
Trust Headquarters
Warneford Hospital
Warneford Lane
Headington
Oxford
OX3 7JX

Switchboard 01865 901 000

Email enquiries@oxfordhealth.nhs.uk

Website www.oxfordhealth.nhs.uk