

FUN ACTIVITIES FOR YOUNG PARENTS IN OXFORDSHIRE...

...WHAT'S STOPPING YOU?

...YOU CAN DO IT!



WE ARE A GROUP OF YOUNG MUMS WHO LIVE IN A SHARED HOUSE IN OXFORD, SUPPORTED BY LIFE CHARITY, AND WE HAVE PUT TOGETHER THIS LEAFLET FOR OTHER YOUNG PARENTS IN OXFORDSHIRE IN OUR ROLE AS YOUNG ACTIVITY AUDITORS FOR OXFORDSHIRE COUNTY COUNCIL.

WE WERE ASKED TO THINK ABOUT THE ACTIVITIES AVAILABLE TO YOUNG PEOPLE AGED 13-19 (OR UP TO 25 WITH LEARNING DIFFICULTIES AND DISABILITIES), AND WE THOUGHT IT WOULD BE USEFUL TO LOOK AT THIS FROM THE POINT OF VIEW OF OTHER YOUNG PARENTS, LIKE US.

WE TALKED ABOUT THE ACTIVITIES WE DO IN OUR SPARE TIME AND REALISED THAT MOST OF US, AS YOUNG PARENTS, HAVE STOPPED DOING ANY FUN ACTIVITIES OR HOBBIES, ALTHOUGH WE USED TO ENJOY ALL SORTS OF THINGS INCLUDING DIFFERENT SPORTS (E.G. BASKETBALL AND FOOTBALL), DANCE, ART, PHOTOGRAPHY AND SINGING. ONE OF US STILL REGULARLY PLAYS VOLLEYBALL (ONCE A WEEK) AND GOES TO THE GYM (TWICE A WEEK).

WE THOUGHT ABOUT WHAT STOPS YOUNG PEOPLE DOING FUN STUFF GENERALLY, AND ESPECIALLY ABOUT THE OBSTACLES THAT YOUNG PARENTS FACE.

WE ALSO LOOKED AT WHY IT'S IMPORTANT FOR EVERYONE TO DO ACTIVITIES, AND TRIED TO FIND ANY FREE OR CHEAP ACTIVITIES ON OFFER FOR YOUNG PARENTS, AS WELL AS ANY ACTIVITIES THAT PROVIDE CRÈCHES, SO CHILDCARE IS NOT AN ISSUE.

LASTLY WE THOUGHT ABOUT WHAT YOUNG PARENTS LIKE US CAN DO, EVEN IF THERE AREN'T ANY NEARBY GROUPS AVAILABLE TO JOIN, TO MAKE SURE WE CAN STILL DO SOMETHING. WE HAVE SUGGESTED TWO ACTIVITIES THAT ARE FREE AND CAN BE VERY SOCIABLE, AND LOOKED AT WHAT THE BENEFITS ARE.

WE HOPE YOU FIND THIS LEAFLET USEFUL, AND THAT EVEN THOUGH IT CAN SEEM HARD SOMETIMES, YOU CAN FIND WAYS TO JOIN IN WITH DIFFERENT ACTIVITIES. THIS WILL HELP YOU FEEL HAPPY AND HEALTHY, WHICH MEANS THAT BOTH YOU AND YOUR BABY, OR CHILD, WILL BENEFIT.



WHAT IS AN 'ACTIVITY'?

WE LOOKED ON THE ACTIVITIES OXFORDSHIRE PAGES OF THE OXME WEBSITE:

www.activitiesoxfordshire.info

AND FOUND THIS DEFINITION OF AN ACTIVITY, WRITTEN BY ANOTHER GROUP OF YOUNG ACTIVITY AUDITORS:

"AN ACTIVITY IS SOMETHING FOR YOUNG PEOPLE THAT IS FUN, FRIENDLY AND SAFE. IT IS ENJOYABLE TO DO. IT CAN BE WITH OR WITHOUT OTHERS. IT SHOULD BE MEMORABLE AND ALLOW YOU TO DEVELOP NEW SKILLS AND MOTIVATE YOUR MIND. IT ALLOWS YOU TO MEET NEW PEOPLE. AS FAR AS POSSIBLE, YOU SHOULD BE ABLE TO GET TO IT, TAKE PART WHATEVER YOUR ABILITY, AND IT SHOULD BE AFFORDABLE TO ALL."

oxme.info



WHY SHOULD YOUNG PARENTS TRY TO DO MORE FUN ACTIVITIES?

WE DISCUSSED WHAT THE BENEFITS OF DOING ACTIVITIES ARE IN GENERAL, AND WE ALSO FOUND THIS LIST ON THE www.activitiesoxfordshire.info WEBSITE (WRITTEN BY THE SAME GROUP WHOSE DEFINITION IS ON THE LAST PAGE, ABOUT WHAT AN ACTIVITY IS):

- "TAKING PART IN ACTIVITIES IS FUN"
- "BENEFITS MY CO-ORDINATION AND FITNESS"
- "BUILDS POSITIVE FEELINGS AND CONFIDENCE"
- "MEETING AND SEEING FRIENDS WHICH IS REALLY IMPORTANT TO ME"
- "IMPROVES MY SOCIAL AND LEADERSHIP SKILLS"
- "PRIDE IN ACHIEVEMENTS AND NEW SKILLS"
- "MADE ME MORE ENTHUSIASTIC REGARDING A FUTURE CAREER"
- "BROUGHT NEW CAREER OPPORTUNITIES"
- "IMPROVED MY INDEPENDENCE"

WE AGREED WITH ALL THESE POINTS, AND WE ALSO THOUGHT THAT IT'S ESPECIALLY IMPORTANT FOR YOUNG PARENTS TO HAVE SOME TIME FOR THEMSELVES (IF POSSIBLE!) TO DO WHAT THEY ENJOY, AS THEY SPEND ALL THEIR TIME LOOKING AFTER THEIR BABIES OR CHILDREN.

DOING SOME KIND OF ACTIVITY FOR YOURSELF WILL MAKE YOU FEEL HAPPIER AND HELP TO IMPROVE YOUR PHYSICAL AND MENTAL WELL-BEING, WHICH WILL BE GOOD FOR YOUR BABY OR CHILD TOO, AS YOU'LL BE MORE RELAXED.

THE www.activitiesoxfordshire.info WEBSITE ALSO SAYS:

"TAKING PART IN REGULAR, FUN ACTIVITIES IN YOUR FREE TIME IS GOOD FOR YOUR WELL-BEING, EXTENDS YOUR SOCIAL GROUP AND HELPS YOU LEARN. FINDING THINGS TO DO AND PLACES TO GO ISN'T JUST ABOUT HAVING A GOOD TIME. STUDIES SHOW THAT YOUNG PEOPLE WHO ENJOY JUST TWO HOURS OF STRUCTURED ACTIVITIES A WEEK DO BETTER LATER ON LIFE. SO GET OUT, FIND SOMETHING YOU'RE INTERESTED IN AND GET ACTIVE!"



WHAT ARE THE OBSTACLES TO YOUNG PARENTS TAKING PART IN ACTIVITIES?

ALTHOUGH THE BENEFITS OF DOING FUN ACTIVITIES ARE CLEAR AND WE SHOULD TRY AND GET MORE INVOLVED, THERE ARE LOTS OF REASONS THAT CAN MAKE IT ESPECIALLY DIFFICULT FOR YOUNG PARENTS TO TAKE PART.

CHILDCARE:

CHILDCARE IS AN ISSUE AS WE HAVE TO LOOK AFTER OUR BABIES OR CHILDREN AND MIGHT NOT HAVE ANYONE ELSE WHO CAN LOOK AFTER THEM, OR WE MIGHT NOT BE ABLE TO FIND ANYWHERE TO SAFELY LEAVE THEM FOR AN HOUR OR TWO - E.G. IN A SUITABLE CRÈCHE OR OTHER CHILDCARE.

TIME:

TIME IS ALWAYS AN ISSUE! YOUNG CHILDREN KEEP YOU BUSY AND BABIES NEED TIME FOR SLEEPING AND FEEDING - THERE IS ONLY A SHORT TIME IN BETWEEN, SO IT FEELS LIKE THERE'S NEVER ENOUGH TIME TO DO ANYTHING ELSE.

NOT KNOWING ANYONE:

LIKE ANYONE ELSE, YOU MAY NOT WANT TO JOIN IN WITH A NEW ACTIVITY OR GROUP IF YOU FEEL SELF-CONSCIOUS ABOUT YOURSELF FOR ANY REASON - ESPECIALLY IF YOU DON'T KNOW ANYONE THERE.

COST:

YOU OFTEN NEED TO PAY FOR CHILDCARE COSTS AND TO DO ACTIVITIES (AS WELL AS PAYING TO GET TO THEM), BUT YOU MIGHT NOT HAVE ENOUGH MONEY. WE FEEL THERE IS NOT ENOUGH FOR YOUNG PARENTS TO DO THAT IS FREE OR VERY CHEAP.

TRAVEL:

ACTIVITIES YOU WANT TO TAKE PART IN MIGHT BE TOO FAR AWAY TO WALK TO, AND YOU MIGHT NOT HAVE MONEY TO PAY FOR BUSES OR TAXIS, OR ANY OTHER WAY TO GET THERE. (ALSO, IT CAN BE DIFFICULT TO TRAVEL WITH YOUNG CHILDREN OR BABIES AND THEIR BUGGIES ON PUBLIC TRANSPORT.)

FEELING TIRED:

SOMETIMES YOU FEEL TOO TIRED TO DO ANYTHING AND HAVE NO MOTIVATION - ESPECIALLY IF YOUR BABY OR CHILD HAS KEPT YOU AWAKE ALL NIGHT!

ACCESS:

IT CAN BE A PROBLEM TO ACCESS SOME PLACES IF THERE IS NOWHERE TO PUT OR STORE BUGGIES, NO LIFT TO GET UPSTAIRS WITH YOUR BABY OR CHILD AND THEIR BUGGY, OR IF THE SPACE IS VERY SMALL.

BUT...

WHEN YOU THINK ABOUT ALL THE BENEFITS THERE ARE OF DOING ACTIVITIES, FOR BOTH YOU AND YOUR BABY OR CHILD, IT'S WORTH TRYING TO FIND WAYS AROUND ALL THESE ISSUES.

HAVING SOME TIME FOR YOURSELF TO DO SOME OF THE THINGS YOU ENJOY IS SO IMPORTANT!



RESEARCHING FREE OR CHEAP CRÈCHES, CHILDCARE AND ACTIVITIES FOR YOUNG PARENTS IN OXFORDSHIRE ON ACTIVITIES OXFORDSHIRE AND OXME.INFO WEBSITES...

WE FELT THAT LACK OF CHILDCARE AND THE COSTS ATTACHED TO CHILDCARE AND ACTIVITIES WERE TWO OF THE BIGGEST OBSTACLES STOPPING YOUNG PARENTS TAKING PART IN FUN ACTIVITIES, SO WE LOOKED ONLINE TO SEE IF WE COULD FIND ANY FREE OR CHEAP CRÈCHES OR OTHER CHILDCARE OPTIONS IN OXFORDSHIRE YOUNG PARENTS COULD USE, AS WELL AS SEARCHING TO SEE WHAT INFORMATION THERE WAS ABOUT ACTIVITIES YOUNG PARENTS COULD DO (OR PLACES TO DO ACTIVITIES WITH CRÈCHES ATTACHED).

WE LOOKED ON:

www.activitiesoxfordshire.info (WHERE YOUNG PEOPLE CAN SEARCH TO FIND DETAILS OF ACTIVITIES NEAR THEM ACROSS OXFORDSHIRE) AND ON: www.oxme.info (THE WEBSITE WITH INFO ON 'EVERYTHING FOR YOUNG PEOPLE IN OXFORDSHIRE').

WE SEARCHED FOR THE SAME FOUR THINGS ('CRÈCHES', 'CHILDCARE', 'YOUNG PARENTS' AND 'ACTIVITIES FOR YOUNG PARENTS') ON BOTH WEBSITES TO SEE WHAT INFORMATION WE WOULD GET.

WHAT WE THOUGHT:

WE WEREN'T VERY IMPRESSED WITH THE SEARCH RESULTS FROM EITHER WEBSITE, AS THERE WAS ONLY 1 CRÈCHE LISTED AND ALTHOUGH THE SEARCH RESULTS WERE MUCH HIGHER WHEN SEARCHING FOR CHILDCARE, YOUNG PARENTS, AND ACTIVITIES FOR PARENTS, THE RESULTS WEREN'T VERY USEFUL AS THERE WEREN'T REALLY ANY CHILDCARE OR ACTIVITIES OPTIONS.

WE FOUND 27 CRÈCHES LISTED ON THE FAMILY INFORMATION DIRECTORY (SEE NEXT PAGE!) AND THINK THESE SHOULD ALSO BE DISPLAYED IN THE ACTIVITIES OXFORDSHIRE WEBPAGES WHEN SEARCHED FOR.

WE ALSO THINK THESE WEBSITES SHOULD BE MADE MORE USEFUL FOR YOUNG PARENTS GENERALLY, AND LIST MORE RELEVANT INFORMATION FOR US (INCLUDING FUN ACTIVITIES WE CAN DO AND MAYBE AN ARTICLE ABOUT CRÈCHES AND OTHER OPTIONS).

AT THE MOMENT, IF YOU WANT TO SEE WHICH FUN ACTIVITIES ARE HAPPENING NEAR YOU, YOU NEED TO DO A REGULAR SEARCH ON: www.activitiesoxfordshire.info BUT THE RESULTS WILL NOT BE FOCUSED ON YOUNG PARENTS, CRÈCHES OR CHILDCARE.



RESEARCHING FREE OR CHEAP CRÈCHES OR CHILDCARE IN OXFORDSHIRE ON OTHER WEBSITES...

SINCE WE DIDN'T FIND MUCH USEFUL INFORMATION ABOUT CRÈCHES IN OXFORDSHIRE ON THE TWO MAIN WEBSITES WE CHECKED, WE JUST DID A GENERAL SEARCH ON THE INTERNET TO SEE WHAT WOULD COME UP.

WE WERE TAKEN TO THIS PAGE FROM THE OXFORDSHIRE COUNTY COUNCIL WEBSITE:
www.oxfordshire.gov.uk/cms/content/creches

THIS IS WHAT WE FOUND:

WHEN YOU SEARCH FOR CRÈCHES IN OXFORDSHIRE, IT LISTS 27 DIFFERENT ONES, WHICH ARE DISPLAYED ON THE FAMILY INFORMATION DIRECTORY WEBPAGE, WHICH 'PROVIDES INFORMATION AND SUPPORT FOR CHILDREN, YOUNG PEOPLE AND FAMILIES IN OXFORDSHIRE':

fisd.oxfordshire.gov.uk/kb5/oxfordshire/directory/home.page

WE THINK THESE 27 CRÈCHES ALSO NEED TO BE LISTED IN THE ACTIVITIES OXFORDSHIRE WEBPAGES - ESPECIALLY AS BOTH WEBSITES ARE RUN BY OXFORDSHIRE COUNTY COUNCIL.

OTHER USEFUL LINKS/INFORMATION ABOUT CHILDCARE AND CRÈCHES:

WE ALSO FOUND SOME OTHER LINKS TO USEFUL INFORMATION ABOUT CHILDCARE AND SAFETY ON THE OXFORDSHIRE COUNTY COUNCIL WEBSITE, SO WE HAVE LISTED THEM HERE.

HOW TO CHOOSE SERVICES (INCLUDING CHILDCARE) SAFELY:

fisd.oxfordshire.gov.uk/kb5/oxfordshire/directory/advice.page?id=quHumXvXFH0

GUIDE TO ARRANGING CHILDCARE:

www.oxfordshire.gov.uk/cms/content/guide-arranging-childcare

WE ALSO CAME ACROSS A DIFFERENT LIST OF CRÈCHES IN OXFORDSHIRE ON THE MUMSNET WEBSITE, ALTHOUGH THEY MIGHT BE THE SAME ONES OF COURSE!

MUMSNET LOCAL - OXFORDSHIRE - FIND A CRÈCHE:

local.mumsnet.com/oxfordshire/creches

(WE HAVE LISTED SOME MORE WEBSITES ON PAGE 11 OF THIS BOOKLET, INCLUDING IDEAS FOR DAYS OUT YOU CAN DO WITH YOUR BABIES OR CHILDREN.)

'WHAT ELSE CAN WE DO?'

OTHER WAYS TO TAKE PART IN ACTIVITIES...

WE KNOW THAT SOME YOUNG PARENTS IN OXFORDSHIRE MIGHT LIVE FAR AWAY FROM ANY ACTIVITIES (ESPECIALLY IF THEY LIVE IN A SMALL VILLAGE), SOME MIGHT NOT BE ABLE TO AFFORD ACTIVITIES EVEN IF THEY CAN GET TO THEM, AND SOME MIGHT NOT BE ABLE TO GET ANY CHILDCARE.

SO WE THOUGHT ABOUT OTHER ACTIVITIES ALL YOUNG PARENTS COULD DO TO HAVE FUN (WITH FRIENDS OR ALONE) THAT ARE FREE OR VERY CHEAP, AND HAVE A WHOLE RANGE OF OTHER BENEFITS...

TWO OF OUR IDEAS WERE COOKING AND WALKING:

COOKING:

- YOU CAN DO THIS ACTIVITY ON YOUR OWN, OR WITH FRIENDS.
- IT CAN BE VERY CHEAP - ESPECIALLY IF YOU SHARE THE COST OF ANY INGREDIENTS YOU NEED TO BUY AS A GROUP!
- IF YOU CAN'T GET TO ANY ORGANISED COOKING CLASSES, YOU CAN EXPERIMENT WITH COOKING IN YOUR OWN HOME, OR AT SOMEONE ELSE'S HOUSE.
- IT'S ENJOYABLE TO DO AND YOU CAN HAVE FUN COOKING WITH FRIENDS.
- YOU CAN GAIN SKILLS AND LEARN HOW TO COOK DIFFERENT THINGS.
- YOU CAN ALSO LEARN ALL ABOUT DIFFERENT FOODS AND ABOUT HEALTHY EATING.
- IF YOU'RE IN A GROUP, YOU CAN HELP EACH OTHER WHEN LEARNING HOW TO COOK DIFFERENT FOODS TOGETHER.
- IT'S A USEFUL ACTIVITY TO GET TOGETHER WITH OTHER YOUNG PARENTS AND DO, AS YOU CAN ALSO TALK TO OTHER PARENTS ABOUT YOUR BABIES OR CHILDREN AT THE SAME TIME, AND LEARN FROM EACH OTHER ABOUT PARENTING, AS WELL AS RELEASING STRESS.
- WHEN YOUR BABY GETS OLDER YOU CAN COOK FOR THEM AND FEED THEM HEALTHY FOOD. IT'S IMPORTANT TO TRY AND MAKE SURE CHILDREN ALWAYS EAT A HEALTHY AND BALANCED DIET.



WALKING:

- YOU CAN DO THIS ACTIVITY ON YOUR OWN, OR WITH FRIENDS.
- IT WON'T COST YOU ANYTHING TO WALK AROUND, BECAUSE UNLIKE MOST THINGS IT'S FREE!
- IT'S GOOD TO GET SOME FRESH AIR AND GIVES YOU A CHANGE OF SCENE AND ENVIRONMENT.
- IT'S GOOD FOR YOUR MENTAL STATE, AND MAKES YOU FEEL "I CAN DO SOMETHING!"
- WALKING AROUND IS GOOD FOR YOUR BABY OR CHILD AS IT MIGHT HELP THEM SLEEP, BUT IT'S ALSO GOOD FOR THEIR SOCIAL DEVELOPMENT, AS IT HELPS THEM GET USED TO BEING OUTSIDE AND SEEING DIFFERENT PEOPLE ETC. (OTHERWISE THEY MIGHT JUST BE INSIDE ALL THE TIME WITH THE SAME PERSON OR PEOPLE.)
- IT'S ALSO GOOD FOR THE MUM OR DAD IF THEIR BABY OR CHILD IS SLEEPING, AS THEN THEY CAN HAVE A BREAK!
- WALKING IS REALLY GOOD FOR YOUR PHYSICAL AND MENTAL STATE. DOING SOME EXERCISE WILL HELP YOU KEEP FIT, AND IF YOUR BODY FEELS GOOD, YOUR MIND FEELS GOOD TOO!
- IT HELPS TO BE WITH FRIENDS AND SOCIALISE. YOU CAN SUPPORT EACH OTHER, TALK ABOUT ANYTHING, SOLVE PROBLEMS TOGETHER AND WORK THINGS OUT. IF YOU GO OUT WITH OTHER YOUNG PARENTS, YOU CAN SOCIALISE AND ALSO GET (OR GIVE) SUPPORT FOR ANY ISSUES ABOUT YOUR BABIES OR CHILDREN, ALL WHILST BEING ACTIVE.
- YOU COULD GO WALKING ANYWHERE, BUT IF YOU GO TO A PARK THEN YOU CAN ALSO DO OTHER STUFF, LIKE RUNNING, PLAYING FRISBEE, OR KICKING A BALL AROUND. YOU COULD ALSO GO SHOPPING!
- AS BABIES GET OLDER THEY CAN PLAY TOGETHER AS WELL. IT'S GOOD FOR CHILDREN TO SOCIALISE IN THIS WAY, AT THE SAME TIME AS THEIR PARENTS ARE SOCIALISING.



OUR MESSAGE: "IT'S HARD BUT WE'RE HAPPY!"

AS YOUNG PARENTS, WE ALWAYS PUT OUR BABIES AND CHILDREN FIRST. IT'S OFTEN HARD, BUT WE'RE HAPPY.

WE KNOW HOW HARD IT IS FOR ALL YOUNG PARENTS TO TRY AND FIND ANY TIME OR MOTIVATION TO DO SOMETHING NEW AND DIFFERENT, AS WE SPEND ALL OUR TIME LOOKING AFTER OUR BABIES OR CHILDREN AND MAKING SURE THEY HAVE EVERYTHING THEY NEED.

WE'RE OFTEN VERY TIRED TOO, AS WE HAVEN'T BEEN ABLE TO HAVE A GOOD NIGHT'S SLEEP. THIS DOESN'T ALWAYS MAKE US FEEL LIKE DOING ANYTHING ENERGETIC, BUT WE KNOW THAT WHEN WE DO GET OUT AND ABOUT AND DO SOMETHING FUN FOR OURSELVES, OR WITH OTHERS, IT OFTEN MAKES US FEEL BETTER.

WE WANT TO ENCOURAGE ALL YOUNG PARENTS TO TRY AND FIND WAYS TO JOIN IN WITH FUN ACTIVITIES, EVEN THOUGH IT CAN SEEM HARD SOMETIMES.

IT WILL HELP YOU FEEL HAPPY AND HEALTHY, AND CAN MASSIVELY IMPROVE THINGS IN YOUR LIFE GENERALLY AND IN YOUR FUTURE, MEANING BOTH YOU AND YOUR BABY OR CHILD WILL BENEFIT...

SO WHAT'S STOPPING YOU? **YOU CAN DO IT!**



FIND OUT MORE:

WE HAVE LISTED SOME WEBSITES BELOW, SO YOU CAN SEARCH ONLINE AND FIND OUT MORE ABOUT THE FUN ACTIVITIES THAT ARE ON OFFER IN OXFORDSHIRE NEAR YOU (WHICH YOU MIGHT BE ABLE TO DO WITH OR WITHOUT YOUR BABY OR CHILD) AND TO SEE IF CRÈCHES MIGHT BE PROVIDED:

OXME.INFO:

www.oxme.info

ACTIVITIES OXFORDSHIRE:

www.activitiesoxfordshire.info

OXFORDSHIRE FAMILY INFORMATION SERVICE (OXONFIS):

www.oxfordshire.gov.uk/cms/content/oxfordshire-family-information-service-oxonfis

OXFORDSHIRE FAMILY INFORMATION SERVICE (OXONFIS) - FAMILY INFORMATION DIRECTORY:

fisd.oxfordshire.gov.uk/kb5/oxfordshire/directory/home.page

OXFORDSHIRE COUNTY COUNCIL - FIND A CHILDREN'S CENTRE:

www.oxfordshire.gov.uk/cms/public-site/childrens-centres

OXFORDSHIRE COUNTY COUNCIL - FIND A CRÈCHE:

www.oxfordshire.gov.uk/cms/content/creches

DAY OUT WITH THE KIDS - OXFORDSHIRE:

www.dayoutwiththekids.co.uk/things-to-do/oxford

MUMSNET LOCAL - OXFORDSHIRE:

local.mumsnet.com/oxfordshire

MUMSNET LOCAL - OXFORDSHIRE - FIND A CRÈCHE:

local.mumsnet.com/oxfordshire/creches

PLEASE GET IN TOUCH WITH ACTIVITIES OXFORDSHIRE IF YOU HAVE A QUERY OR ANY FEEDBACK ABOUT THIS BOOKLET:

activitiesoxfordshire@oxfordshire.gov.uk

THIS 2016 BOOKLET IS ALSO AVAILABLE TO VIEW ONLINE:

www.activitiesoxfordshire.info





OXFORDSHIRE COUNTY COUNCIL WOULD LIKE TO THANK THE YOUNG PEOPLE (SUPPORTED BY LIFE CHARITY) WHO WORKED ON THIS PROJECT IN THEIR ROLE AS YOUNG ACTIVITY AUDITORS, ASSESSING THE LOCAL OFFER OF ACTIVITIES FOR YOUNG PEOPLE AGED 13-19 (UP TO 25 WITH LEARNING DIFFICULTIES AND DISABILITIES) IN OXFORDSHIRE.

