



Oxford Health
NHS Foundation Trust



Individual Support and Placement Service for Youth (IPS - Y)

Our education support service

IPS-Y aims to provide effective employment support for young people experiencing mental health challenges. We are here to help you into paid work, whether that is your first, part-time job, or a step further in your career.

What we do

- ✓ IPS-Y explores employment and education for those aged ~~14-25~~ 18 - 25.
- ✓ We help individuals to gain support in education if they are struggling.
- ✓ We help individuals to find new, accredited education courses.
- ✓ We combine personalised employment support, mental health services, and skill development to enhance job prospects for young individuals facing mental health challenges.
- ✓ The program aims to break down barriers, foster resilience, and empower youth in achieving meaningful employment or education, contributing to their overall well-being.

What support looks like

- Liaising with your education provider to discuss support, including Educational Health Care Plans and adjustments for learning and assessments.
- Raising awareness with your education provider around mental health
- Supporting you to keep your place on your current course.
- Supporting you to find a suitable accredited education course.
- Writing Personal Statements/ applications.
- Interview preparation.
- Exploring funding options for further study.
- Explore how further education might impact benefits.
- Thinking about what information you might want to share about your mental health.
- Discussing whether any adjustments are needed when studying begins.
- Support settling in when you start the course

Our employment support service

IPS-Y aims to provide effective employment support for young people experiencing mental health challenges. We are here to help you into paid work, whether that is your first, part-time job, or a step further in your career.

What support looks like

Your employment specialist can assist you with:

- ✓ Creating and tailoring a CV
- ✓ Job searching
- ✓ Job applications
- ✓ Interview preparation and practice
- ✓ Sharing information about your mental health with the employer (if you wish to do this)
- ✓ Supporting employer discussions (if you want us to)
- ✓ Staying well in work
- ✓ Obtaining benefit advice

What our clients think

"I feel listened to and am getting the help and advice I need."

"I feel very lucky to receive the support."

"The service had been of a great support for me to go back to the society."

"My IPS worker took time to understand who I was and what I wanted. They then came up with thoughtful suggestions and ideas for work that were well fitted to my needs and wishes. They checked in regularly and offered practical and compassionate support."

Write to us

Oxford:

OxonEmploymentService@oxfordhealth.nhs.uk

Buckinghamshire:

BucksEmploymentService@oxfordhealth.nhs.uk

Accessibility

Patient information leaflets are available on our website:
www.oxfordhealth.nhs.uk/leaflets

Get in touch

Address Oxford Health NHS Foundation Trust
Trust Headquarters
Littlemore Mental Health Centre
Sandford Road, Oxford OX4 4XN

Phone 01865 901 000

Email enquiries@oxfordhealth.nhs.uk

Website www.oxfordhealth.nhs.uk

Feedback

Our Patient Advice and Liaison Service (PALS) provides advice and support to patients, families, and carers, helping to resolve any problems, concerns, or complaints you may have.

Phone 0800 328 7971

Email PALS@oxfordhealth.nhs.uk

Become a member of our foundation trust: **www.ohftnhs.uk/membership**

Support Oxford Health Charity, making a difference to patients, their families and staff who care for them: **www.oxfordhealth.charity**