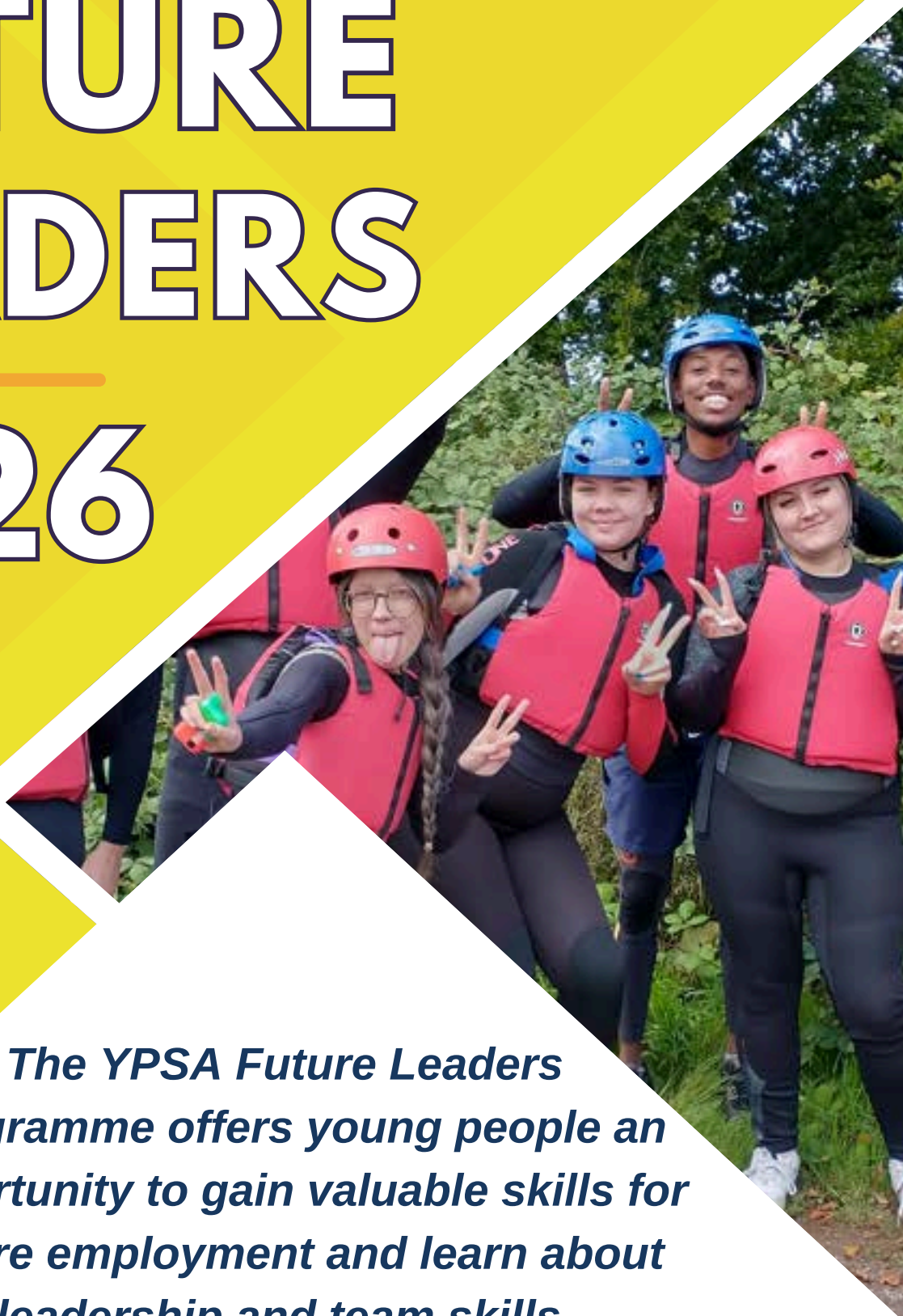


# FUTURE LEADERS

# 2026



***The YPSA Future Leaders  
Programme offers young people an  
opportunity to gain valuable skills for  
future employment and learn about  
leadership and team skills.***

The Future Leaders Programme is designed specifically for young people between the ages of 18 and 21.

The Future Leaders programme offers the chance to earn a series of AQA Unit Awards in Leadership and associated topics, which can be added to a CV to show what has been learnt through the programme.

The programme aims to enhance confidence and leadership abilities, comprising workshop sessions, a residential trip and work experience through Lucy Group.



# What the Future Leaders programme involves

## Employability Workshops

These sessions are run by Matt Bryant and other Lucy Group staff. These workshops will help with interview skills, CV writing, learning about soft skills and teamwork.

Sessions will cover:

- Interview Techniques / Insights delivery
- Overcoming adversity / Teamwork
- Challenging conformity
- Hard and Softs skills / Positive body language
- An apprentice story, how to apply and what the benefits are

Lunch will be provided on both days.



**Matt Bryant,  
Talent Development Partner  
Lucy Group**



# What the Future Leaders programme involves

## Work Experience Day

The work experience day is held at Lucy Electric in Thame with Matt and the team, supported by Oxfordshire Youth Staff.

Experience different departments at Lucy Electric to learn more about the business and the different roles.

During the work experience day you will spend time in the following departments.

- Prototype – You will learn about how they test their products to make sure they are safe
- Warehouse – You will learn about how they operate their warehouse, how the goods come in and are organised.
- Production – You will have the opportunity to have a go at building some of the components produced by Lucy Electric, working alongside some of the Lucy Electric staff.

Transport to and from Thame will be organised by Oxfordshire Youth Staff.

Lunch will be provided

Please wear trousers and ensure long hair is tied back, you will be provided with steel toecap safety shoes to wear during the visit. Please add your shoe size to the registration form.



# What the Future Leaders programme involves

## Leadership Sessions

The Leadership sessions are run by Oxfordshire Youth Staff in our office. There will be 4 sessions that will cover different topics around leadership:

- Demonstrating Leadership Skills
- Communication
- Team Building
- Time Management and Prioritisation
- Managing Stress
- Relationships within Different Environments
- Goal Setting
- Receiving and Giving Feedback

Each week we will look at different aspects of leadership and team skills with activities to put your skills into action.

These sessions will help you to understand your own strengths and weaknesses and consider how you can set goals / develop a plan to build on these for the future.



# What the Future Leaders programme involves

## Residential Trip

The residential will be held at Rock and Rapid outdoor centre in North Devon, providing the opportunity to put your leadership and team skills into practice, taking part in activities including High ropes, archery, coasteering, water sports, and climbing wall.

- Day 1 – Leave from Oxfordshire Youth office around 9.00 a.m. travel to North Devon, we will stop around halfway for drinks / food. We will be aiming to arrive at 2.00p.m. After we arrive, we will do archery and High Ropes followed by dinner at our accommodation.
- Day 2 – Travel to Baggy Point to do the Coasteering activity. In the evening, we will go for dinner at a Fish and Chips Restaurant in Braunton.





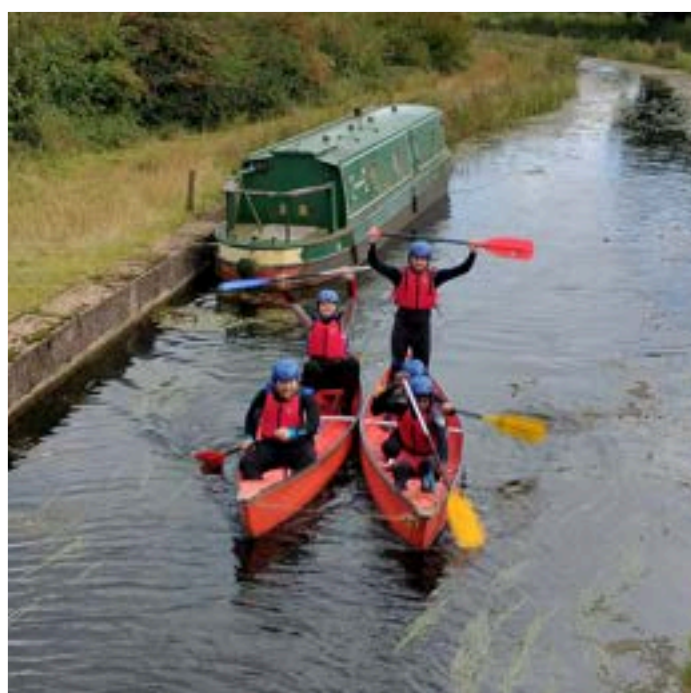
# What the Future Leaders programme involves

## Residential Trip

- Day 3 – We will travel to Halberton for a paddle sports day on the Grand Western Canal, this will include Raft Building, Canadian Canoes and giant SUP (stand up paddleboard). In the evening we will have dinner at our accommodation and sit round the fire pit if the weather is good.
- Day 4 – We will do the Climbing wall in the morning and immediately after this we will travel back to Oxfordshire Youth again stopping halfway for lunch, we should arrive back around 3.00 p.m.

The residential is all about working together as a team and being prepared to step outside your comfort zone. This experience can really help to build confidence and develop leadership and team skills.

We will provide a full kit list of what is needed for the trip and can provide any items you do not have. The outdoor centre will provide wetsuits, buoyancy aids and all safety equipment needed.



# What the Future Leaders programme involves

## Final Celebration

Once the programme is finished we will hold a celebration session so everyone can receive their AQA certificates and allow us to celebrate everyone's achievements on the programme.





## **What young people told us about the Future Leaders programme**

**Taking part in the programme, the residential and the work experience have really helped me. I've gained new friends, skills and so much more confidence, which has helped me become much more independent. I'm not relying on people so much any more and feeling much more optimistic about whatever comes next.**

**To someone thinking about it but isn't sure, I would just say do it. It's probably one of the best things I've done this year and it's really pushed me to try things, to talk to people, to learn, and also to just apply all of this to everyday life.**

## **What young people told us about the Future Leaders programme**

**There's not many times in life that you'll get an experience where you're going to be doing things, learning from it, meeting people and pushing yourself.**

**That's what's made it positive. It's the people. You could really be going through it and you'll still have some sort of positivity around you that would get you through the day, and if not, then they will drag you out of your bed and get you to get on with it and get you through it.**

## **What young people told us about the Future Leaders programme**

**The whole thing has really helped me improve my confidence. I used to really struggle talking to people, especially new people, and I would be stuck in my own head trying to figure out what to say and worried I'm repeating myself but now I can say more things to different people.**

**The residential trip was really special. I was anxious not to really know other people who were going, and felt scared to have to do everything on my own but by the end of it I had made a connection with everyone there. I was terrified of heights, so found the high ropes activity really scary but was so proud of myself for doing it.**



## Future Leaders Programme Schedule

| Date                                             | Time             | Details                                     | Lead   |
|--------------------------------------------------|------------------|---------------------------------------------|--------|
| 06/08/2026                                       | 2.00 – 4.00 p.m. | Leadership session 1                        | Hayley |
| 13/08/2026                                       | 2.00 – 4.00 p.m. | Leadership session 2                        | Hayley |
| 20/08/2026                                       | 2.00 – 4.00 p.m. | Leadership session 3                        | Hayley |
| 27/08/2026                                       | 2.00 – 4.00 p.m. | Leadership Session 4                        | Hayley |
|                                                  |                  |                                             |        |
| 17/09/26 TBC                                     | TBC              | Residential Prep                            | Hayley |
| 21 <sup>st</sup> – 24 <sup>th</sup><br>September |                  | Residential                                 | Hayley |
| w/b 28/09/2026<br>TBC                            | TBC              | Follow up session if<br>required            | Hayley |
| October /<br>November                            | TBC              | Work Experience at Lucy<br>Electric - Thame | Hayley |
| October /<br>November                            | TBC              | Celebration Event                           |        |

**To join the programme, scan the QR code  
and fill in the form!**



**Or click the link [here](#)**